

2017 CLASS SCHEDULES

Creating Confident Caregivers® is a six-week program for family caregivers of persons with dementia who are living at home. It is designed to provide knowledge, skills, and information to improve caregiving for both the caregiver and the person with dementia. Participants must pre-register for this free program, as class size is limited.

The following Area Agencies on Aging meet the AASA service standard for providing this evidence-based program. They monitor providers and participate in on-going training to ensure participants receive a quality program. Please contact the Area Agency on Aging staff listed to register or inquire about future dates or other locations.

<u>Detroit Area Agency on Aging</u> – Cities – Detroit, Hamtramck, Highland Park, Grosse Pointe, Grosse Pointe Park, Grosse, Pointe Shores, Grosse Pointe Woods, Grosse Pointe Farms, Harper Woods

Thursdays
August 17 – September 21, 2017
1:30 p.m. – 3:30 p.m.
Services of Older Citizens
158 Ridge Road
Grosse Pointe Farms, 48236

To register contact
Carolyn Van Dorn at 313-642-1122
Or email: cvandorn@nursingunlimitedonline.com

Wednesdays
August 16 – September 20, 2017
2:00 p.m. – 4:00 p.m.
Detroit Area Agency on Aging
1333 Brewery Park Blvd., Suite 160
Detroit, 48207

For more information and to register contact Yvonne Hepburn at 313-446-4444 ext. 5309 Or email: hepburny@daaa1a.org <u>Area Agency on Aging 1-B</u> – Counties – Livingston, Macomb, Monroe, Oakland, St. Clair, Washtenaw

2017 WORKSHOPS

Mondays

October 2, 9, 16, 23, 30 and November 6, 2017 1:00 p.m. - 3:00 p.m.

> Novi Civic Center 45175 Ten Mile Road Novi, MI 48375

> > Tuesdays

October 3, 10, 17, 24, 31, and November 7, 2017 10 a.m. – 12 noon

Evangelical Homes of Michigan Memory Support Center at Brecon Village 101 Brecon Drive Saline, MI 48176

Thursdays

October 5, 12, 19, 26, and November 2, & 9, 2017 4:00 p.m. – 6:00 p.m.

Alzheimer's Association - GMC 25200 Telegraph Road, Suite 100 Southfield, MI 48033

Thursdays

October 5, 12, 19, 26, and November 2 & 9, 2017 10:00 a.m. - 12:00 noon

> McLaren Port Huron Hospital Jefferson Building, Conference Room 1320 Washington Avenue Port Huron, MI 48060

> > **Thursdays**

October 5, 12, 19, 26, and November 2 & 9, 2017 1:30 p.m. - 3:30 p.m.

> Macomb County Verkuilen Building, Assembly Room A 21885 Dunham Road Clinton Twp., MI 48036

> > Thursdays

October 12, 19, 26, and November 2, 9, 16, 2017 4:00 p.m. – 6:00 p.m.

> Livingston County Catholic Charities Be Our Guest Program

2020 East Grand River Ave., Suite 103 Howell, MI 48843

To register or for more information contact Area Agency on Aging 1-B at 800-852-7795 or www.aaa1b.com

Region 3-A Area Agency on Aging – County – Kalamazoo

Wednesdays
August 9, 16, 23. & 30th and September 6 & 13th, 2017
3:00 - 5:00 p.m.
Oakland Centre
2255 W. Centre Ave.
Portage, MI 49024

To register and more information, contact Patti Stratton, LLMSW, at 269-373-5141 Email: psstra@kalcounty.com

Region 3-C Area Agency on Aging – Counties – Branch and St Joseph

Tuesdays

August 22, August 29, September 5, September 12, September 19, September 26 6:00 -8:00 p.m.

Thurston Cares Adult Day Center 306 N. Franks Ave.
Sturgis, MI

To register and more information, contact Thurston Cares Adult Day Center, (269) 506-7800

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Area Agency on Aging (IIIC) 517/ 278-2538 or 888/615-8009

Region IV Area Agency on Aging - Counties - Berrien, Cass, Van Buren

For upcoming programs,

contact Tracy at (269) 983-0177 or toll free at (800) 442-2803

Tri-County Office on Aging – Counties – Clinton, Eaton, Ingham

Tuesdays October 3, 10, 17 24, 31, November 7, 2017 2:00 – 4:00 pm

Sparrow Health Center

Contact Linda Davis at 517-887-1447 or	^r email <u>davis@tcoa.org</u>	for registration and site location
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Region 9 Area Agency on Aging – Counties – Alcona, Arenac, Alpena, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, Roscommon

Contact Region 9 Area Agency on Aging at 989-356-3474 for program information.

<u>Area Agency on Aging of Northwest Michigan</u> – Counties – Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Wexford

For upcoming program information, view http://www.aaanm.org/caregiver-workshops/

Or Call Sharon at (800) 442-1713 or (231) 947-8920 to register or for additional information.

<u>Upper Peninsula Area Agency on Aging (UPCAP)</u> – Counties – Alger, Baraga, Chippewa, Delta, Dickinson, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, Schoolcraft

Contact Tammy Rosa at 1-800-338-7227 to register. Dial 2-1-1 or visit us on the web at www.upcap.org for program information.